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* [Sky News](https://scout.tveyes.com/) /

* [U.K. National](https://scout.tveyes.com/)

*Don’t know if this is one because they mention UCL and UN funding which I can’t corroborate but they did say this in the intro to the news 15 mins earlier:*

*“A study in the Daily Express says that obesity is linked to at least 11 types of cancer. More on that in just a moment.” – can’t check as nexus not complete yet but appears on their website*

Obesity increases the risk of cancer of the oesophagus, stomach, vole, wrecked, liver, pancreas, breast, ovary and kidneys. This is a big and important study, without telling ourselves by being fat. It is big. I think they had already been stories about how obesity caused three or four cancers. I don't think it has ever been put down as this many. I

suppose what it upsets me about this is that we have been talking about obesity as the biggest scourge that the NHS pays for, but it is not getting any better. You know, whatever we do, whatever measures we put into place, people are still over eating and I'm not entirely sure that having people reading about all this is going to... Because fattening food tastes great. Yes, that is the problem, it does. And as you say, it is getting worse. It is connected to the ongoing debate we have about the NHS and its ability to look after our. So what does this say then about the budget of the NHS? If you look at the NHS generally, 40% of the NHS is taken out in treating stuff that we could not have caused by changing our lifestyle. Nearly half of the pressure on the NHS, any time you going to award in an accident on the medals department anywhere, you see

the pressure on it. Really 40% about is now hands, to not drink, do not smoke, to not get too fat, to exercise a bit. Why are we as a nation not taking any notice of that? I think what it is is that it is too easy to get that now. We've earned 800 calories less a day than we did years ago. We talk about these easy to how low it can come out calorific meals, everything is piling up together. But we all know all this. We know that we eat too much, we know that we do not exercise enough. That is the thing. The thing with the NHS is ironically, unlike any other health system in the world, you never really feel that your money is being spent on it. So I think in a weird way, we take our health for advantage in a way. Obesity increases the risk of cancers, we should know that. This research was

funded by the United Nations and carried out by University College London, so I think we should take heed.